

Menu - Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Fruit & cracker	Fruit & cracker	Fruit & cracker	Fruit & cracker	Fruit & cracker
Lunch	Pizza, wedges & salad	Lasagne & garlic bread	Beef stew with orzo	Fish in a tomato & vegetable pasta bake	Roast dinner Chicken
Allergens	Gluten, Milk	Celery, Gluten, Milk	Celery, Gluten, Soya	Celery, Gluten, Fish	Soya
Pudding	Fruit & custard	Yoghurt	Apple & cinnamon bake with cream	Cake & custard	Chocolate crispy cake
Allergens	Milk	Milk	Gluten, Milk	Gluten, Milk	Milk
Afternoon snack	Crumpets & crudites	Selection of wraps & crudites	Crispbreads, dips & crudites	Cheese scones & crudites	Toast with cream cheese & crudites
Allergens	Gluten	Gluten, Milk, sesame seeds	Gluten, Milk	Gluten, Milk	Gluten, Soya

*Vegetarian & vegan options are available / All special dietary requirements are catered for. The nursery use a range of crackers at snack time please see additional sheet for allergen information